

Hawthorn Calisthenics



Hawthorn Calisthenics is taking enrolments for 2012.

Calisthenics is a fun activity and a uniquely Australian sport for children aged 3 years to adult, which incorporates co-ordination, deportment, flexibility, gymnastics, figure marching, folk and modern dancing, singing, simplified ballet and apparatus technique.

*Classes are held at the Hawthorn Citizens' Youth Club
241 Auburn Rd, Hawthorn.*

*For further details on classes, please contact
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Dance, Fun, Fitness, Sing!